



# NorthWest Initiative

510 W. Ottawa St., 2nd Floor—Lansing, MI 48933

517-999-2894 (telephone); 517-999-2897 (fax)



## JULY COMMUNITY EVENTS



MSU Culinary Services  
is preparing our

### Grilled Lunch Fundraiser

To Support the *new* Mobile Farmers Market

Date: Thursday, July 13, 2017

Time: 11am—2pm

Place: **Parking Lot—510 W. Ottawa St.**  
(corner of Ottawa & Pine Streets)

Tickets: **Grilled Lunch \$10.00 per meal**

Featuring: **Grilled 1/4 Chicken or  
Vegetable Kabob  
and choice of 2 sides—**

- macaroni and cheese
- seasoned corn
- green beans
- roasted potatoes

**Plus beverages and delicious desserts!!**

**Call (517) 999-2894 to place your order!**

### Food Distribution Dates:

**Produce—Thursday, July 6**

**Bread—Thursday, July 13**

**Produce—Thursday, July 20**

**Bread—Thursday, July 27**

*Free Summer*

### ***“Cooking With Kids Camp”***

*Space is limited, Register Today!!!*



**August 14-17, 2017  
9am—3pm**

**Open to children ages 9-15 years old. Children will learn how to make healthy snacks and complete meals. They'll interact with guest speakers on a variety of safety topics, and much more!**

**Space is limited to 30 children!!**

**For more information,**

**Email [elizabetha@nwlansing.org](mailto:elizabetha@nwlansing.org) or  
call Liz at (517) 999-2894**

Visit our Facebook Page to learn about other upcoming events!

[www.facebook.com/nwlansing](http://www.facebook.com/nwlansing)

Be sure to “Like” our page and leave comments on the services you received at NorthWest Initiative! Thank You ☺

## Coffee and Tea with Representative Andy Schor

Monday, July 17, 2017, 6-7pm

Cristo Rey Church—201 W. Miller Road., Lansing, MI 48911  
Guest Speaker—Sarah Anthony  
Andy Schor's Office—(517) 373-0826



## Senior Discovery Hour

A gathering spot for senior citizens to learn about relevant and interesting topics. Light lunch served!! For more information, call Renee at **(517) 999.2894**

**Where:** Northwest Initiative  
510 W. Ottawa St.,  
Lansing 48933

**When:** July 13 & 27  
11:00AM – 12:00PM



## Woman Behind The Mask

A support group that offers women of all ages tools and techniques to reduce stress of everyday life.

**When:** Wednesdays @ 5 PM

**Where:** NorthWest Initiative

510 W. Ottawa St., Lansing

Call Kendra @ (517) 999-2894 for more information. Light dinner served at every meeting.

NorthWest Initiative is  
a Proud Supporter of



## COOKING CLASS

*"Healthy Picnic Classics"*

Monday, July 31, 2017  
5-7pm

510 W. Ottawa St., Lansing  
(basement kitchen)

Bring your friends and have fun creating  
and eating awesome food!!

RSVP to Liz at (517)999-2894

**A.R.R.O. CLEAN UP SERVICE**

Exterior Raking   Snow Removal   Trash Removal

**GREAT AFFORDABLE RATE!!**  
**CALL RICK**  
**(517) 999-2894**

## FARMERS MARKET AT THE CAPITOL

10am-3pm

- July 27, 2017
- August 24, 2017
- September 21, 2017

For information, call Michigan Farmers  
Market Association at 517-432-3881

## DO YOU NEED HELP SIGNING UP FOR:

- Food Assistance?
- Health Care Coverage?
- Cash Assistance Program?
- State Emergency Relief?

*We Can Help. CALL  
NORTHWEST INITIATIVE  
517-999-2894*

## Mayor's Senior Luncheon & Activities Fair!!

Thursday, August 17, 2017  
9am-2pm

Gardner Middle School—  
333 Dahlia St., Lansing, MI 48911

## VOLUNTEERS NEEDED!!

Mobile Farmers Market—days/hours vary  
Food Distribution Program—Thursdays; 9am-2pm  
Cooking With Kids Camp—August 14-17; 8am-  
3:30pm—for youth ages 9-17

Looking for volunteers to help with our new Mobile  
Farmers Market, Food Distribution Program and  
Cooking With Kids Camp  
For more information, contact Liz at  
517-999-2894

**HOW  
TO  
GET  
INVOLVED:**

- DONATE
- VOLUNTEER
- SPREAD THE WORD
- ATTEND OUR EVENTS

FOLLOW US



**Hours of Operation:**  
Monday—Friday  
8:00AM—4:00PM